

North America's premier vegetarian lifestyle magazine

VegNews

VEGETARIAN NEWS POLITICS FOOD TRAVEL BUZZ

The Veggie Awards
2005

Actor/vist
Woody Harrelson

Our Celeb of the Year talks about sustainable living, raw foods and *How To Go Further*

The votes are in!
Inside: 75+ of the

best
vegetarian
people places products
travel food
restaurants

\$3.95 US
\$5.95 CAN
Nov/Dec 2005



Product of the year

year

Liz Lovely
Cookies



→ lizlovely.com

When high-school sweethearts Liz and Dan Holtz became unemployed after the dot-com crash, they surrendered to their entrepreneurial instincts. Passionate about food and regular gift-givers of homemade vegan chocolates, the spirited and artisan **Liz Lovely Cookies** was born. Now baking out of Vermont, this thriving business makes cookies that are downright delicious. No, they're better than that—they're out of this world. Think fresh, gooey, melt-in-your-mouth cookies packed with organic walnuts, hearty rolled oats and chocolate chips, then drizzled or dipped in a rich dark chocolate. Oh, mama.

Readers'

POLL

Food

Favorite Vegetarian Restaurant:
Chicago Diner, Chicago

Favorite Vegan Restaurant:
Millennium, San Francisco

Favorite Veg-Friendly Fast Food Restaurant:
Subway

Favorite Natural Foods Store:
Whole Foods

Favorite Spot for Sunday Brunch:
Chicago Diner, Chicago

Favorite Vegan-Friendly Bakery:
Whole Foods Market

Favorite Cookies:
Newman O's

Favorite Chocolate:
Endangered Species

Favorite Veggie Burger:
Boca Burger

Favorite Veggie Hot Dog:
Yves Veggie Dogs

Favorite Faux Meat:
Morningstar Farm's Crumbles

Favorite Tofu:
Nasoya

Favorite Soymilk:
Silk

Favorite Non-Dairy Ice Cream:
Soy Delicious

Favorite Non-Dairy Yogurt:
Silk

Favorite Non-Dairy Cheese:
**Follow Your Heart/
Vegan Gourmet**

Favorite Energy Bar:
Luna Bar

Favorite Juice:
Naked Juice

Favorite Herbal Tea Company:
Celestial Seasonings

Favorite Herbal Coffee:
Guayaki Yerba Maté

Favorite Vegan Wine:
Organic Wine Works

Splurge

worthiest

wine list

Pure Food and Wine

New York

→ purefoodandwine.com

Do you like your vino vegan and your bubbly biodynamic? If so, New York City's **Pure Food and Wine** will give you a serious love hangover. While food critics rave about the restaurant's innovative raw food menu, wine connoisseurs swoon over the extensive list of organic, sustainable and biodynamic wines produced in quality vineyards throughout Europe, North and South America and Australia. Of the 88 varieties on offer, 14 are vegan, and most all are affordably priced. We'll drink to that!

Grandest guilty indulgence

Plamil Chocolate Spreads

→ plamilfoods.co.uk or
→ veganessentials.com

Visualize vegan Nutella. It's sinful, it's decadent, and it's here. **Plamil Foods**, a small, 40-year-old British company founded by the late vegan pioneer Arthur Ling, has been animal-free from the get-go. Ling developed England's first widespread alternative to cow's milk, and now his company has introduced three organic, smooth-and-silky spreads (chocolate, chocolate orange, and hazelnut) that are perfect on toast, as cake frosting—the sky's the limit. These thick, rich spreads are now available in North America from Vegan Essentials.

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More
Vegetarian Recipes™

The Veggie Awards™ 2005



Product of the Year

LIZ LOVELY COOKIES