

Round 'em up, head 'em out

The cashier had me pegged.

"I remember you," she said with a sly grin and a knowing roll of the eyes.

"The cookies."

Several days prior, I'd popped into the Whole Foods Market at 20th and Callowhill Streets to buy a hefty sampling of Cowboy Cookies. And now, she chuckled, I was back for more.

I was so embarrassed.

But who could blame me?

From the enticing whiff of walnuts as the package is unsealed, to the layer of dark chocolate that coats the underside, these crunchy, four-inch rounds are a delight.

Produced by Bryn Mawr cookie-maker Liz Lovely (a.k.a. Liz and Dan Holtz), they're a distinctive indulgence, rich in flavors of oatmeal, nuts and, of course, that decadent chocolate.

Most ingredients are organic. And the cookies are vegan (dairy-free) to boot, as are the three other varieties in the Liz Lovely cookie line.

All in all, well worth any self-conscious exchanges at the checkout during regular visits for more.

\$4.99 for 5.3 ounces (two cookies) at area Whole Foods Markets. Or online at www.lizlovely.com.

— Eric Hegedus



VICKI VALERIO/Inquirer Staff